



P.O. Box 7 ♦ 14785 Thompson Ave ♦ Middlefield, OH 44062

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Jimmy Soltis – Athletic Director

2022 Chagrin Valley Conference Championship Meet, Saturday October 15th, 2022 at Cardinal High School

It is exciting to announce that The 2022 CVC Cross Country Championships will be held at Cardinal High School. Located at 14785 N Thompson Ave, Middlefield, OH 44062

Please Submit Rosters to Baumspage BEFORE Tuesday October 11th, 2022 at 3:00 PM.

Race Schedule

8:45 a.m.	Coaches Meeting	
9:00 a.m.	HS Girls Varsity (Chagrin / Valley)	(Maximum 7)
9:35 a.m.	HS Boys Varsity (Chagrin / Valley)	(Maximum 7)
10:10 a.m.	HS Girls Open Race (If Needed)	(Unlimited)
10:55 a.m.	HS Boys Open Race (If Needed)	(Unlimited)
11:30 p.m.	MS Girls Race	(Unlimited)
11:30 p.m.	HS Coaches meeting - submit honorable mentions at finish line area	
11:50 p.m.	MS Boys Race	(Unlimited)

Divisions

- **Varsity Chagrin Boys and Girls**- Beachwood, Chagrin Falls, Edgewood, Geneva, Harvey, Hawken, Lakeside, Orange, Perry, West Geauga
- **Varsity Valley Boys and Girls** - Berkshire, Brooklyn, Cardinal, Crestwood, Cuyahoga Heights, Grand Valley, Independence, Kirtland, Lutheran West, Trinity, Wickliffe, Richmond Heights
- **Middle School Chagrin**- Lakeside, Perry, Heritage, West G, Edgewood, Chagrin, Hawken, Orange, Geneva,
- **Middle School Valley** - Beachwood, Berkshire, Cardinal, Grand Valley, Kirtland, Independence, Wickliffe, Crestwood

Practice

- Schools who have not been on the course this season can do so for Practice **MONDAY, OCTOBER 10**. Please do not go on any other days. It will be available all evening that day.

Bus Parking

- Bus parking will be located in the middle school parking lot.
- Upon entering Alameda Drive, buses will drop teams off at the baseball/softball fields. Please be mindful of the course as the course does cross the road in 2 places. Traffic directors will be at that spot to ensure the safety of athletes.

Team Camps

- Please set up team camps behind the homeside bleachers. Keep away from the course which runs along the baseball fence.
- As you cross the field, be mindful of the course as teams will have to cross over the path to get to the team camp area.

Spectator Parking

- Spectators will park at the high school. No spectators will be permitted down Alameda Drive.

Spectators

- **ABSOLUTELY NO** spectators will be allowed inside the gated track! Coaches and athletes will be permitted into the gated entrance on the south side of the track. Our course is very viewer friendly! Spectators are permitted everywhere else on the course! Spectators may watch the start and finish from outside the track or for the best view in the house, on the bleachers since the finish line is on the 50 yard line!!!

Concessions/T-Shirts

- Concessions will be open during the meet located at the concession stand inside the stadium. Offering both breakfast and lunch options
- CVC Cross Country Championship Tshirts will be available for sale. Cost will be \$15.

HS Awards

- Winning team in each division for boys and girls will earn conference champion.
- 1st place finisher receives CVC MVP honors in each varsity race; in each division.
- Runners finishing in spots 1-8 in each division in the varsity races earn first team all-conference
- Runners finishing in spots 9-16 in the varsity races will earn second team all conference.
- Each school will also have up to 2 honorable mention spots.
- Please submit honorable mentions at the coaches meeting.

MS Awards

- Winning team in each division for boys and girls will earn conference champion trophy
- 1st -16th place medals

Results

- Timing will be done by GCXC. Results will be posted near the concession stands. Results will be posted to baumspage as soon as possible. The bibs will have the timing chip.

Any questions or concerns please email Jennifer Fekete at jennifer.fekete@cardinalschoools.org or call Jimmy Soltis at 440-632-0261 ext 5007